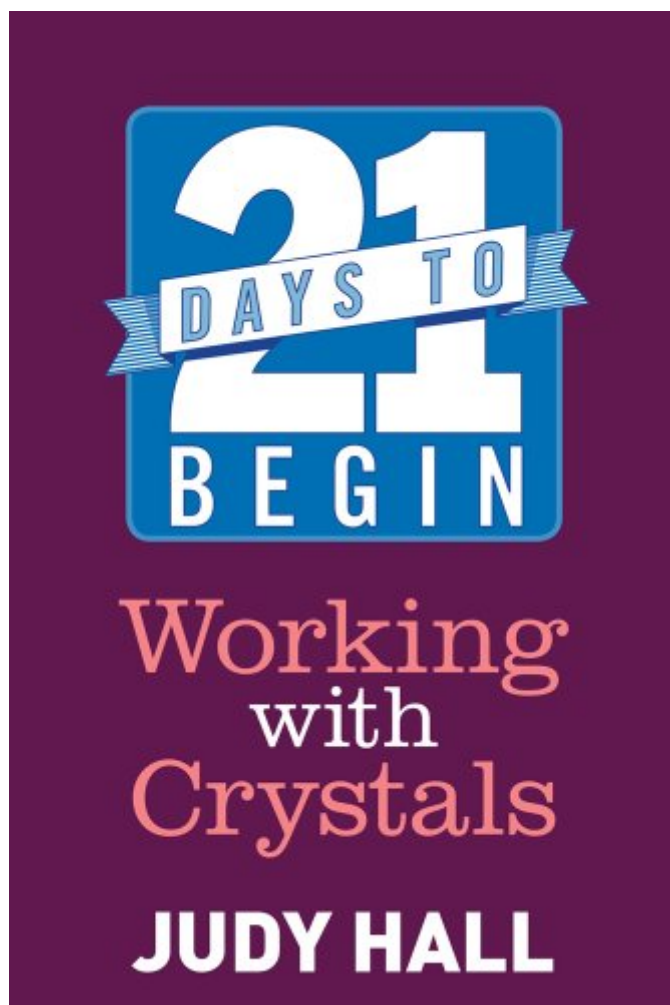




The book was found

21 Days To Begin Working With Crystals



Synopsis

Studies have shown it takes only 21 days for a new habit to take root. If there's a skill you've always wanted to take advantage of, the answer is only 21 days away with Hay House's 21 Days Series. Judy Hall is recognised worldwide as an expert on crystals. Her bestselling book *The Crystal Bible* has become the definitive book on the subject. Here, she provides a powerful distillation of her wisdom into a short, practical programme that anyone can use to discover the remarkable powers of crystals. You'll look at specific crystals, some old some new, basic and advanced, earthy and of high vibration, so that no matter whether you're a complete beginner or an experienced crystal worker, you'll find something here to inspire and excite you. This book also looks at a huge variety of uses for crystals including chakra clearing, avoiding pollutants in your home and in the wider environment and for meditation. You'll also see why crystals are essential for energy-boosting, opening higher consciousness and for creating new patterns. Each day, you'll discover a different aspect of crystals, so you build skills that you can use across a variety of applications. Every day includes a practical activity to expand your sensitivity to crystal energy and help you explore its potential. In 21 days you will have tasted a wide spectrum of crystal possibilities.

Book Information

File Size: 2774 KB

Print Length: 202 pages

Publisher: Hay House (November 19, 2012)

Publication Date: November 19, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B00A4FNCLK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #305,041 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #80

inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > New Age > Divination > Crystals #205

inÂ Books > Religion & Spirituality > New Age & Spirituality > Divination > Crystals

Customer Reviews

I like the information, just not the layout. I wish I could search the book for something I read previously (maybe its just my device). And, it does push the author's products, which have to be ordered from her website and shipped from the U. K. (many are out of stock). Also, suggests certain crystals to go thru the process of learning about crystals, which is expensive to purchase all of them. I prefer to obtain crystals as I actually need them, but am sure I will eventually use them all. Just found a lot of incomplete ideas or unanswered questions....

A good start for crystal learning and introduction to chakras, crystals and the author's other books. I suggest read this book once all the way through (taking notes on how it all makes you feel and what you think along the way), buy some of the crystals discussed and then read again; actually putting these tools into practice. I only had about two weeks of knowledge and meditation on crystals before I started this book but I was able to understand it and was glad i purchased this book.

I've only read the first couple chapters, but I have learned more here about crystals than I have in ANY OTHER BOOK! I've always wondered about how to cleanse, activate and use them. This book goes through steps to follow daily to stay in the habit of learning about and using your crystals. Judy Hall is amazing. I'm currently growing a big collection of her books. I would love to meet her, or even talk to her and thank her for opening my eyes to this wonderful natural way to heal.

Anyone who loves and works with crystals in any way will love this book by Judy Hall. She walks you through each day so that you gain a love and connection to the wonderful and precious stones that have become such a part of your life. If you have ever been called to take a stone or crystal home with you, you need this book... Another bible from our master Crystologist. (I made up that term so don't blame anyone else)

Informative

This book has taught me so very much about the wonderful, beautiful energy associated with these gifts from the Earth. I highly recommend this book and am recommending it to friends and family!

Judy's knowledge is great to have at your finger tips. You can easily complete a section at a time and move on to the next chapter whenever you feel ready to.

This book is very informative. It was very helpful in charging my crystals and the photos with the descriptions were perfect.

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